

Behavioral Habilitation: Hab-M & Hab-B

What is Hab-M?

Hab-M is a specialized service that provides an ABA-based program for young children with autism. The Hab-M hours can be used for evaluation and assessment, program development, parent training/coaching, habilitator training, data analysis, and ongoing program supervision by a professional behavior analyst, also known as a BCBA. This service is authorized by DDD and is generally available upon request for children with autism under age 4 who are ALTCS approved.



What is the difference between Hab-M and Hab-B?

These are both considered Behavioral Habilitation and refer to the qualifications of the person providing the service. “M” stands for Master’s, and “B” stands for Bachelor’s. DDD has a list of required qualifications for an individual to provide Hab-M or Hab-B services. The degree is one requirement, but other experience is necessary as well. Hab-M providers can do any of the services described above. Hab-B providers can provide program support, parent coaching and habilitator training under the supervision of a Hab M provider. The initial assessment is done with a Hab-M provider.

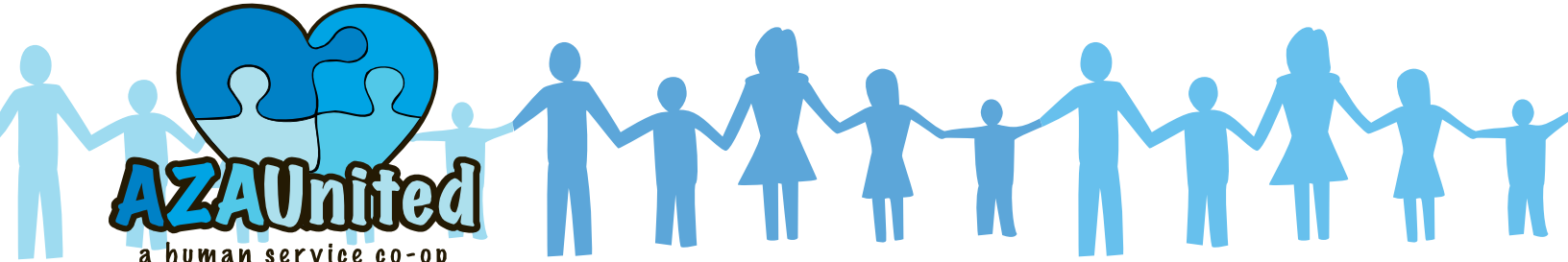
How many hours are included, and when can they be used?

A family whose child is approved for Behavioral Habilitation (Hab-M & Hab-B) can use up to 150 hours of these services within 2 years. The first step involves an assessment and a report for DDD. This can take up to 15 hours of Hab-M. The remaining hours can be either Hab-M or Hab-B. Contact us for a copy of the DDD Administrative Directive.

How are Hab-M and Hab-B related to regular Hab (habilitation)?

Habilitation is a DDD service that pays for the direct support providers (or ABA therapists) that work with the child directly day-to-day. They are supervised and trained by the Hab-M or Hab-B providers. When the initial assessment report is prepared for DDD by the Hab-M provider, a recommendation is included for how many regular habilitation hours will need to be approved in order to carry out this child’s ABA program. Typical recommendations are in the range of 25 to 30 hours per week, consistent with the recommendations of the National Research Council on autism for children receiving Early Intensive Behavioral Intervention (Educating Children with Autism, 2002).





Recommended Phases for the First Year of Hab-M

Assessment & ABA Program Development (Hab-M) 15 Hours

1. Parent Interview
 - Skills & Behavior Assessment questionnaire
 - By phone
 - Average time: 2 hours
2. Child Observation and Direct Assessment
 - Natural environment (child's home)
 - Average time: 3 hours (includes travel time)
3. Preparation of Assessment Report & ABA Program Plan
 - For family, habilitators & DDD
 - Average time: 3 hours
4. Program Setup Meeting
 - Parents, child and habilitators
 - Natural environment (child's home)
 - Data logbook and other program materials provided
 - Average time: 5 hours (includes travel time)
5. Program Demonstration Session
 - Parents, child and habilitators
 - Clinical setting (AZA United office)
 - Average time: 2 hours

Training, Support and Reassessment (Hab-M or Hab-B) 40 Hours

6. Habilitator Training Session
 - Natural environment (child's home)
 - Average time: 4 hours (may include travel time)
7. Parent Coaching Session
 - Natural environment or clinical setting
 - Addressing behavior challenges
 - Generalizing skills learned with habilitators
 - Making the most of daily teaching opportunities
 - Structuring the teaching environment at home
 - Average time: 4 hours (may include travel time)

8. Additional Habilitator Training Session
 - Natural environment or clinical setting
 - Average time: 4 hours (may include travel time)
9. Progress Assessment
 - Parents & child (habilitators optional)
 - Clinical setting (AZA United office)
 - Average time: 2 hours
10. Program Updates Meeting
 - Parents, child and habilitators
 - Natural environment or clinical setting
 - Average time: 5 hours (may include travel time)
11. Habilitator Observation Session
 - Natural environment or clinical setting
 - Average time: 4 hours (may include travel time)
12. Additional Parent Coaching
 - By phone or clinical setting
 - Average time: 2 hours
13. Progress Assessment
 - Average time: 2 hours
14. Program Updates Report
 - For family, habilitators & DDD
 - Average time: 2 hours
15. Program Updates Meeting
 - Natural environment or clinical setting
 - Average time: 5 hours (may include travel time)
16. Progress Assessment
 - Average time: 2 hours
17. Progress Assessment
 - Clinical setting (AZA United office)
 - Average time: 2 hours
18. Program Updates Report
 - Average time: 2 hours